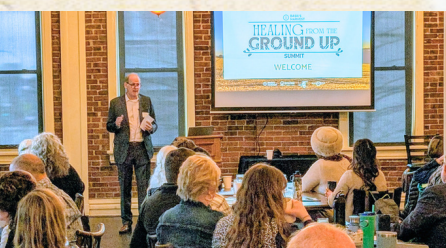




Who should participate?

- Healthcare providers
- Healthcare administrators
- Dietitians and nutritionists
- Community health
- Public health policymakers
- Researchers and educators in related fields
- Food service directors and institutional buyers
- Policymakers and community leaders
- Farmers and agricultural professionals
- Health Insurance companies
- Funders



HEALING FROM THE GROUND UP SUMMIT

Forging A Unified Path Between Agriculture, Food Systems, and Healthcare

The current state:

Healthcare delivery, food systems, and agriculture operate largely in isolation today, limiting our ability to address chronic disease and create sustainable food systems. Human health depends directly on food quality, which is determined by agricultural practices and planetary health throughout the food system from production to disposal. Consumers seek comprehensive guidance that goes beyond basic dietary recommendations – they want to understand preventive nutrition while making choices that are economically viable and culturally appropriate.

We envision a future where:

- Consumers have access to foods that support both their health and values
- Our food system supports environmental sustainability while meeting community health needs
- Healthcare systems and their providers are active participants in connecting their communities to health-promoting food systems
- Incorporate food systems and enhanced nutrition education into medicine curricula and residency training
- Farmers are supported in producing nutrient-dense foods through regenerative practices
- Institutions have clear pathways to source and serve health-promoting foods

This summit represents a crucial step toward realizing this vision and provides opportunities for engagement, learning, and development and will:

➤ Bridge critical knowledge gaps:

- Enhance healthcare professionals' knowledge about the food system and agriculture
- Build a shared understanding of how regenerative practices impact soil health and food quality
- Explore connections between soil health, nutrient density, and health outcomes

➤ Drive systems-level change among professional stakeholders:

- Develop collaborative frameworks for agriculture, food systems, and healthcare
- Establish networks for continued learning and implementation
- Develop actionable strategies to implement in individual and collective work within communities

Why it matters:

By integrating our approach into agriculture, food systems, and healthcare, we can cultivate more resilient communities, improve public health outcomes, and build a more sustainable future for all.

2025 Summit

March 2025

Presented in partnership with



Sponsored by



Summit Accomplishments

The Healing from the Ground Up Summit brought together over 75 food, farm, and health leaders!

This 1.5-day summit successfully bridged the gaps between healthcare, food systems, and agriculture sectors that have traditionally operated largely in silos. This connection is vital for addressing chronic disease and creating sustainable food systems.

Through the summit, we achieved:

- Meaningful dialogue between healthcare professionals, food systems experts, and agricultural stakeholders that established collaborative pathways
- Progress toward enhancing nutrition education in medical curriculum and residency training
- Deeper understanding of the connections between sustainable agricultural practices, food quality, and human health outcomes
- Development of actionable strategies for institutions to source and serve health-promoting foods
- Building support networks for farmers producing nutrient-dense foods through sustainable practices
- Creating resources to empower consumers with access to foods that support both their health and values

Our Shared Vision Moves Forward

The summit helped advance our shared vision of a future where:

- Healthcare systems and providers actively connect their communities to health-promoting food systems
- Our food system supports environmental sustainability while meeting community health needs
- Institutional buyers have clear pathways to source and serve health-promoting foods
- Farmers receive proper support in their transition to regenerative practices

2025 Summit Reconvening

October 2025

Key insights from the 2025 Summit Reconvening:

- Basil's Harvest will continue to "mother" this growing network, providing organizational support and coordination as we build something meaningful together
- We're planning a gathering at the Everything Local Conference, January 27-30, 2026

